

6 Lesson PLO Coaching Package – Theory in Practice

- **1, Hand-Flop Interaction → Applied Theory**
 - Core Dealt and Flopped Frequencies
 - Pre-Flop Range Construction
 - Flop Hand Value Hierarchies
 - Range Weighing and Card Removal
 - 3-6 Hand Examples

- **2, Equity and Expected Value → Applied Theory**
 - Writing Ranges - PPT and PJ
 - Deconstructing Ranges → Improving Assumptions
 - Single-Street EV Calculations
 - Multi-Street EV Calculations
 - 1 Hand Example

- **3, Action Frequencies → Applied Theory**
 - Flop/Turn/River Frequencies Pure Theory
 - Database Analysis
 - Stats - Consolidation versus Expansion
 - 2-3 Hand Examples

- **4, Texture Shifts → Applied Theory**
 - Pure Theory Fundamentals Introduction
 - Range Reconstruction
 - Hand Value Hierarchy Reconstruction
 - 2-3 Hand Examples

- **5, Action Frequencies 2 → Applied Theory**
 - Hand-Board Interaction Revisited
 - Situational Equilibria
 - Identifying and Exploiting Deviations
 - 2-3 Hand Examples

- **6, Hand Analysis**
 - 8-10 Hands
 - Covering Spectrum of Range Size (BN v BB, MP 3-bets UTG, etc.)
 - Covering Spectrum of Textures and Decision Points